# CH URC NEWS

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**JULY/AUGUST 2023** 

Friends.

# Mary Magdalene

Six Marys are mentioned in the New Testament, including Mary Magdalene, who is remembered this month in the church's calendar. What can we learn from Mary's story?

# We don't have to be defined by our past:

When Jesus encountered Mary, He cast seven demons out of her (Luke 8:2). As a result, her life was transformed and she became a follower. Her life as a disciple was no longer defined by the person she had been before. Like Mary, we don't have to let our past without Christ dictate how we see ourselves today.

# Put Jesus at the centre of our world:

Along with some of the women who had been cured of evil spirits and diseases (Luke 8:1-3), Mary followed Jesus and His disciples and supported them in ministry. She was there at the cross (Matthew 27:55-56) and one of the first to the tomb on the Sunday (Matthew 28:1; Mark 16:1 and John 20:1-18). Like Mary, we are called to serve Jesus as dedicated disciples.

#### Jesus uses the weakest in the world:

Mary is a great example of Paul's words: 'But God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong.' (1 Corinthians 1:27). At a time when women were regarded as second-class citizens with no real autonomy, Jesus had a special compassion and care for women. Alongside Mary, the women's witness to the resurrection was taken seriously.

We should be careful not to dismiss the things that don't follow our expectations, because Jesus doesn't always do what we expect! He delights in working out His plans through unlikely people and in surprising ways. He did this through Mary, and if we let Him, He can do it through us!

Canon Paul Hardingham

#### **NEWS AROUND THE FELLOWSHIP**

It was with great sadness that we learned of the death of Sylvia Jones on 2 JUN aged 93yrs. She was not a church member but, over a number of years, she had become a regular at services and social events. She will be greatly missed and our thoughts and prayers are with her family. Can we also hold in our prayers; Linda Rayner and her family following the death of her father, David Hazelby, both Bramhall members; Fiona Smith (~ Dance School) and all her family following the death of her mother.

Our thoughts are with our friends and congregation who are in any way indisposed at this time and unable to join us.

Our grateful thanks go to those who led our worship in June - Bernie, Christopher Whitehead and Rev Alison Smith whose kind offer to take the service on our Anniversary and Gift Day we wholeheartedly accepted. It was good to have Alison with us once again and her very relevant service was followed by lunch which, from donations, raised £87.80 for our Church charities. This will be added to whatever is raised at the Open Day on 7 JUL.

Please note the change of venue for our Open Day on 7 JUL which will now be held at church. Do please look out any goods for the Bring & Buy, Bric-a-Brac, Cake and Plant stalls.

In JUL / AUG, with Bramhall, we host a student minister, Ed Lyne, a tall young man.

Our best wishes to everyone who will be celebrating their birthday in July or August, no matter what age.

The News Team

#### DATES FOR YOUR DIARY...

Sat 7 OCT - Harvest Supper - details nearer the time.

#### **CHURCH MEETING - SUN 9 JULY**

The Minutes of the short meeting held on 4 JUN are enclosed in the magazine for members.

We meet again on Sunday 9 JUL, after the service, when the Agenda will include a discussion regarding the recent bequest by David Williams.

Alison Stevens

#### **FELLOWSHIP CIRCLE**

Soup, Sweet & Meet re-started this month on the 2nd Wednesday, before our Fellowship meeting. We enjoyed the food and conversation and have decided to just enjoy the lunch as our Fellowship get together. In future we will have our usual Fellowship meetings starting at 1.30 in the church lounge on the 1st, 3rd and 4th Wednesdays.

We were very happy to be joined by Mavis on 21st. She came out of hospital the day before and was keen to get back to normal.

On our final June meeting we were delighted to be serenaded by Eric who had put together a programme of music for us to enjoy.

Carole Davies

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SOUP, SWEET & MEET

Wednesday 12 JUL

12 pm

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#### **ECO TIPS FOR THE SUMMER**

Help birds in hot weather. Keeping your bird bath topped up with fresh water in warmer weather can be a life saver for our feathered friends. Get your garden birds through a heat wave when natural supplies, like worms, become scarce, by putting out supplementary food - black sunflower seeds, pinhead oatmeal, soaked sultanas, raisins and currants, mealworms, wax worms and good seed mixture.

For more practical ways to enjoy, nurture and defend nature, sign up to A Rocha UK's Wild Christian~email at: arocha.org.uk/wild-christian

Members, friends and neighbours...

FILM MATINEE
Sat 22 JULY 2.30 pm
No Film in August

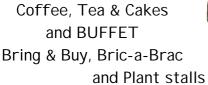
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## **OPEN DAY for CHARITIES**

from 11am ~ 3 pm

# Friday 7 JUL 2023

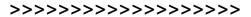
at Cheadle Hulme URC 65 Swann Lane





### All proceeds to

Francis House, Lifeshare, Mary's Meals, Suk Jai orphanage & Transform Trade



#### LINK TO HOPE SHOEBOXES

Thank you for the donations last month. In July and August, we would like to concentrate on gifts for parents - DIY tools, tape measures, light weight head scarves, jewellery.

Bernie

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#### THE HAIRS UPON YOUR HEAD

God cares for His creation
He knows each sparrow well
None from the sky are falling
But God can fully tell;
You're worth more than a sparrow!
You have no need to dread
He even knows the number
Of hairs upon your head.

Fear not men who can kill you –
For they can't touch your soul.
They ought to fear our Father
Who loves us as a whole.
He sees not just the body
He sees the soul as well;
He can punish the sinner
In fires of burning hell.

For death's the wage for sinning But Jesus paid the price! New life God gives so freely Through His Son, Jesus Christ. And we from sin are freed now For us there's no more strife! Through faith in Christ our Saviour We have eternal life.

By Nigel Beeton

#### HOW TO KEEP YOUNG, AS YOU GROW OLD

When the US President Joe Biden announced that he was running for re-election, many of us thought he was too old. He will be 86 by the end of 2028. when Trump will be 82. How could either of them run the United States at such an age?

The argument about Biden and Trump will doubtless carry on, but meanwhile, there is some encouragement for the rest of us who are ageing.

A 2012 study by the University of Edinburgh found that only about a quarter of the cognitive changes that occur as we age are determined by genetics. The other three quarters are based on our lifestyle choices.

Firstly, choose to **exercise**. When you exercise in any way, you are not just making your body fit, you are also improving your brain health. This is because exercise promotes the release of a cell-making protein in the brain called BDNF (brain-derived neurotrophic factor), which is linked to learning and memory.

Secondly, choose to retain a sense of control and **purpose** in your life. We can't all influence world politics, but we can each of us can act for the general good of the people around us. In 2022, researchers in the US found that people who have a greater sense of purpose in life not only live longer, but have fewer health problems, including depression, blood pressure problems and heart attacks. Find a 'sense of purpose' - keep up your interests.

Thirdly, choose to set yourself some realistic personal **goals**, no matter how small. Research shows that setting a goal – even just to lose weight, or tidy the garden, can make you feel immediately more worthwhile.

Fourthly, choose to keep spending time with other people. Remaining **sociable** in old age is vital – we are social animals and really do need those meaningful relationships.

Fifthly, choose to follow **intellectual** activities that allow you to keep learning – perhaps learn a hobby, or even begin a foreign language.

Parish Pump

<u>BERNIE</u>, the new Chair of Churches Together in Cheadle Hulme, is re starting meetings following Covid.

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#### 2022'S WEATHER EXTREMES

July 2022 will be remembered as the month when UK temperatures exceeded 40°C for the first time ever. Scientists say this would not have been possible without human-induced climate change. A temperature of 40.3°C in Lincolnshire broke the previous UK record, set only 3 years earlier, by an astonishing 1.6°C. But it was not just the record heat that impacted wildlife. A very early spring, extreme rainfall in the first three months, drought from May to August and a lack of autumn frosts combined to make 2022 a year of extremes. The impact on wildlife was significant and complex.

It was a year of wildlife challenges. The Wildlife Trusts, the RSPB and others lamented the drying up of small ponds and puddles before toad and frog spawn and tadpoles had matured enough to survive. There is anecdotal evidence that some resident butterflies (which lost meadow flowers to drought) and more northern species of dragonfly, the black darter for example, saw significant local population declines. The biggest impact reported by a range of charities was the loss of thousands of young trees in all of the areas impacted by drought. The National Trust reported major losses of new trees at Cambridgeshire's Wimpole Estate and the Buscot Estate in Oxfordshire for example.

There were, however, some unexpected benefits from the warmer, drier conditions. Early rainfall in spring combined with summer heat meant that 2022 was an outstanding year for many fruit trees, especially apples and pears. In response to the protracted drought across much of central, southern and eastern England and Scotland, many native trees produced record quantities of seeds — a reaction to heat stress to preserve future generations. According to the National Trust, an abundance of beech mast, rowan seed and acorns will have helped to give a new generation of trees a fighting chance.

'A Rocha UK' is calling on the government to take three steps to help protect nature from climate change. Firstly, we would like local authorities to reduce mowing parks and roadside verges – longer grass will help to reduce soil surface temperature and retain moisture. This is about shifting perspectives, not additional funds. Secondly, we want new legislation to ensure that at least 15% of the area of every new housing estate is planted with native trees and shrubs – for climate resilience and to act as a carbon sink. Finally, we seek assurance that the government

# 'Breakfast Before'

9.30am ~ 9 JULY [& every 2nd Sunday]

Typical menu:
drinks, bananas
toast, cereal, pancakes,
~ croissant or pain au chocolat?

will deliver its target of 30,000 hectares of new woodland every year from 2024, and would welcome a focus of planting in local neighbourhoods as well as major native forest schemes.

The National Trust was one organisation that reported back formally at a national level on the impacts of 2022 on nature.

Andy Lester May 26, 2023, Head of Conservation A Rocha UK

#### **FOODBANK VOLUNTEERS**

Based on Acts 6:1~7

In God's kingdom there are many roles and duties. These are the work of the church in the world, and the spirit grants us the gifts so as to do such work. For some are gifted towards some tasks and others to different tasks. And yet in the kingdom of God, no task is greater than the service we all give to God. So as the Apostles called the church to select from their number those who would see that food was fairly distributed to those in need. We to give thanks for those who continue this work. Those who employ their gifts so to ensure that all may share and partake. So send your spirit upon them Lord, strengthen them for the task to which they are called. But let us not forget, that though others may do the task, we cannot abandon it to them, that we must support them. And that all of this is done, so that the Word of God may be more widely known. Amen.

JPIT Joint Public Issues Team

[CH URC collects for Chelwood Foodbank Plus - What's the ...Plus? Non-food, inc beds-yes!]

#### **WORDSEARCH CLUES**

3<sup>rd</sup> On July the Church remembers St Thomas, also called Doubting Thomas, because he would not believe his fellow disciples' news of the Resurrection. But 'doubt' did not mean that Thomas did not love Jesus! Only a few weeks before, Thomas had urged his fellow disciples to follow Jesus to see Lazarus in Bethany, despite danger from the Jews. "Let us also go, that we may die with him." (John 11:16) Instead, Jesus had brought Lazarus back to life. Thomas was sometimes very confused about just where Jesus was headed. But in John 14:5 Jesus untangled his confused commitment: "I am going to my Father", and "No one comes unto the Father but by me." Finally, after the Resurrection, Jesus appeared

to Thomas, showing him the wounds of His crucifixion. Thomas was electrified, and his immediate response: "My Lord and my God" (John 20.26ff). Thus Doubting Thomas' honest doubts, turned to honest faith, have become a reassurance for thousands of people down the centuries.

July Thomas Resurrection Doubt Doubting

Love Jesus Follow Lazarus Bethany

Danger Jews Die Life Confused

Going Father Wounds Crucifixion Response Immediate



FISUTEILARLFTONSRBSSAIIEEYNDDOUBTINGEFRHRINOITCERRUSEROFDIGXUIREGNADLOAETAIDEMMISRTLENSBFEHLASOFLENSEUNISTTULAOWOUNDSACUIRZTWSPURMMEOUFAGHLTSENOHEJERNFENBETHANYVUICOREORSZOTCGILYLRO

Lord God Honest Faith Reassurance

#### **LECTIONARY for JULY and AUGUST**

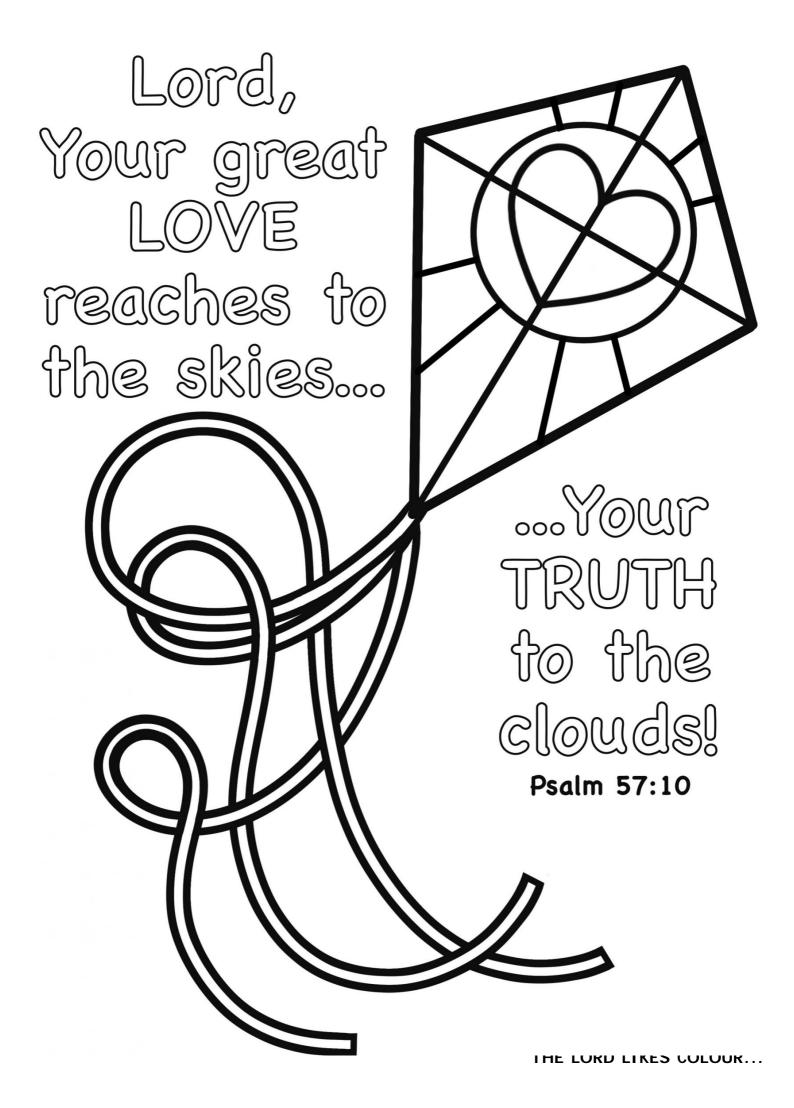
2 JUL: Jeremiah 28.5-9; Psalm 89.1-4,15-18; Romans 6.12-23; Matthew 10.40-42
9 JUL: Zechariah 9.9-12; Psalm 145.8-14; Romans 7.15-25a; Matthew 11.16-19,25-30
16 JUL: Isaiah 55.10-13; Psalm 65.(1-8),9-13; Romans 8.1-11; Matthew 13.1-9,18-23
23 JUL: Isaiah 44.6-8; Psalm 86.11-17; Romans 8.12-25; Matthew 13.24-30,36-43
30 JUL: 1 Kings 3.5-12; Psalm 119.129-136; Romans 8.26-39; Matthew 13.31-33,44-52

**6 AUG:** Isaiah 55.1-5; Psalm 145.8-9,14-21; Romans 9.1-5; Matthew 14.13-21

**13 AUG:** 1 Kings 19.9-18; Psalm 85.8-13; Romans 10.5-15; Matthew 14.22-33

**20 AUG:** Isaiah 56.1,6-8; Psalm 67; Romans 11.1-2a,29-32; Matthew 15.(10-20),21-28

**27 AUG:** Isaiah 51.1-6; Psalm 138; Romans 12.1-8; Matthew 16.13-20



#### **SERVICES**

Elders' wish to keep everyone safe, so please stay home if you are ill.

You may wear masks (perhaps for singing). Also, understand our plans may change with little notice. We may sometimes have a speaker and sometimes a simple in-house led service. Video conferencing continues and Leaders or readers may Zoom in or speak in church.

<u>Duties</u> are performed by a small team on a rota. Please check the board for swops.

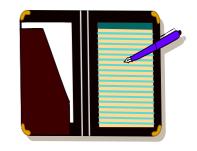
Date	2 JUL	9 JUL	16 JUL	23 JUL	30 JUL
Service	Morning Worship	Morning Worship	Morning Worship	Morning Communion	Morning Worship
Time	10.30 am	10.30 am	10.30 am	10.30 am	10.30 am
Leader	-	Ed Lyne Student Minister	Sandy Smith	Bernie Stevens	Rev Kurauone Mutimwii
Elder Duty	D Phillips	B Stevens	A Stevens	S Smith/D Phillips	
Door	CHURCH OPEN FOR PRAYER	D Green	H Elsden	P Grieve	JOINT SERVICE with HEALD GREEN and BRAMHALL URCs at Heald Green
Reader		M Morton			
Flowers	Silk	C Davies (Fellowship)	Silk	M Morton	
Coffee		C Davies	M Hardie	H Elsden	
Notes	Quiet Prayer only -Thornleigh w/e	CHURCH MEETING		HOLY	Free transport available

Date	6 AUG	13 AUG	20 AUG	27 AUG
Service	Morning Worship	Morning Worship	Morning Communion	Morning Worship
Time	10.30 am	10.30 am	10.30 am	10.30 am
Leader	Margaret Dexter-Brown	Alison Stevens /Glyn Elsden	Christopher Whitehead	Ed Lyne Student Minister
Elder Duty	A Stevens	D Phillips	S Smith /P Oliver	A Stevens
Door Reader	M Morton	C Davies	M Smith	J Hodson
Flowers	B Danson	Silk	Silk	M Smith
Coffee	S & M Smith	B & A Stevens	D Green	C Davies
Notes			HOLY COMMUNION	

#### **CHURCH REGISTERS - NONE**

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.....to the best of the editor's knowledge, unless you know better...

THORNI FIGH WEEKEND AWAY

#### **JULY**

Sat 01 1

Sat 01	] THORNLEIGH	WEEKEND AWAY				
Sun 02	]					
Mon 03						
Tues 04	12.15pm	12.15pm Funeral of Sylvia Jones at Stockport Crematorium				
Wed 05		1.30~3 pm FELLOWSHIP CIRCLE ~ Coffee Lounge				
Thu 06	10 am Man	gement meeting - Church				
Fri 07	11 am ~3 pm	OPEN DAY (for Charitie	es), at church			
	·	·				
Sun 09	9.30 am Breakfast Be	ore <b>11.45 am</b>	CHURCH MEETING			
Mon 10						
Tues 11		00115 011557 0115				
Wed 12	12pr		ET 1.30pm FELLOWSHIP CIRCLE ~ coffee lounge			
Thu 13		•	MP Steering Group ~ Cheadle Hulme			
Fri 14		2pm Choir Rehea	arsai			
Mon 17						
Tues 18		4.00.0	IID CIDCLE Coffee Lawren			
Wed 19		•	HIP CIRCLE ~ Coffee Lounge			
Thu 20 Fri 21		-	orship Group (Zoom)			
Fri 21		2pm Choir Rehea	arsar			
Sat 22		2.30 pm FILM	MATINEE - members and friends /neighbours			
Oat 22		2.50 pm 1 1EW	MATINEE - members and mends /neighbodis			
Mon 24						
Tues 25						
Wed 26		1.30~3 pm FELLOWSI	HIP CIRCLE ~ Coffee Lounge			
Thu 27		•	ting~ Coffee Lounge			
Fri 28		Zpm Liders mee	ting - Odnec Lounge			
111 20						
Mon 31						
WOII OI						
AUGUST						
Sat 05		COFFEE MORNING in	aid of Chelwood Foodbank			
<b>Sat 55</b>	104111 12 110011	COLLECTION TO THE	and of Chomoda'i Oddbariik			

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